

I deserve a life filled
with love, abundance,
warmth, and joy.
I am worthy of this,
and I am ready to
welcome this life into
my heart.

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My life flows easily
and effortlessly
And I am continually
amazed by the miracles
the universe brings
into my life each day.

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My life is balanced,
and I remember to
take care of my body,
mind, and soul each
and every day.
I am at peace.

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I express my truth
and my deepest
emotions with myself
and also with others.
I am safe to be myself.
And I am loved just
as I am.

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My soul knows the way
forward, and I trust
it enough to follow
its whispers and go
where it leads me.

We are one.

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